



MARCH 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 La Leche League 6:30 pm – 8 pm – 12 pm, call Megan for info: 301-665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	4	5 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	6	7
8	9	10 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	11	12 10am Breastfeeding Support Group	13	14
15	16	17 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	18	19 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	20	21
22	23	24 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	25	26 10am Breastfeeding Support Group	27	28
29	30	31 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am		Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		Services: ☎ Peer Counseling ☎ Weekly BF classes 1-on-1 instruction on “Getting Started” with BF (positioning, latch, sleepy baby, growth spurts, etc.)



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